



Health & Wellbeing

Workplace Furniture Collection



COSMOS FURNITURE

PART OF THE COSMOS SOLUTIONS GROUP

Health & Wellbeing.

furniture and accessories

desking

Benefits
Leap
Zoom
RoundE
MoveMe
Desk converters
Desk accessories

seating

Benefits
NV
X.22
X.77
Y.88
Eze Active Stool
Eze Wobble Stool
Leo Stool
Liv Stool

monitor arms

Benefits
Leap & Stealth

acoustics

Benefits
Hush Pods
Fluffo

desk screens

Benefits
Ciunas
Leap

sustainability

Plant A Tree

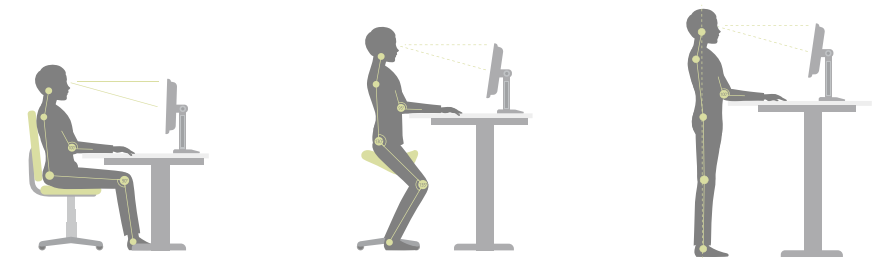
certification

GreenTag
Recolight



COSMOS SOLUTIONS
YOUR BUSINESS, YOUR WAY.

dynamic desking.



Wellbeing and ergonomics go hand-in-hand in today's people-centred, healthy workspaces.

Choosing furniture and accessories should not just be about aesthetics and price. Well-designed, properly engineered products are crucial in promoting positive employee mental and physical health which, in turn, drives up productivity and presenteeism.

Our Health & Wellbeing Collection has been curated to enhance workplaces.

What are the benefits of sit-stand desking?

Healthier heart

People who sit for more than 8 hours a day, double their risk of developing heart disease compared to those who sit for less than 4 hours a day.

Fights obesity

Prolonged sitting slows down the metabolism, promoting fat accumulation. Standing up intermittently at a sit-stand desk decrease the risk of obesity.

Better backs

Studies show that using height-adjustable desks can dramatically decrease chronic back pain caused by inactivity and prolonged sitting.

Reduce stress & fatigue

In one seven-week study, participants using standing desks reported less stress and fatigue than those who remained seated the entire work day.

Live longer

People who sit the most are at a 49% greater risk of dying early. Reducing sitting time to 3 hours per day can raise the average life expectancy by two years.

Improve circulation

Improve blood-flow by alternating between ergonomic office chairs that promote dynamic movement when seated and adjustable sit-stand desking.

Less stiffness

Leg and glute muscles are more active, therefore stronger, in users who alternate between sitting and standing; reducing long-term discomfort and strain.

Smarter thinking

Dynamic working encourages oxygen-rich blood to be pumped around the body, reversing the effects of inactivity where brain function slows down.



Leap sit-stand

An effortless height-adjustable desk system featuring single and back-to-back desks in a wide range of sizes, shapes and finishes.

Leap sit-stand desks are electrically adjusted to sitting or standing height, helping reduce the risks and problems associated with prolonged sitting. The range includes single, back-to-back, corner and K-top desks, all controlled by programmable touch-sensitive controls, featuring anti-collision software.

Leap is WEEE certified and meets EN527, EN 527-1:2011 and EN 527-2:2016 including motor durability test.



A Leap towards healthier working.

Users can pair the Leap Dongle with our smartphone app to control their desk height, set memory positions, create daily standing goals, track daily standing progress and set sedentary alerts to remind them to change position.



Leap double

Effortless adjustability and individual control in a Leap's back-to-back, height-adjustable model.

features

- Frame: white, black or silver.
- Width: 1200, 1400, 1600 and 1800 mm.
- Depth: 800 mm.
- Height-adjustable: 595 to 1245 mm.
- Intuitive touch-sensitive controls.
- Programmable memory unit.

benefits

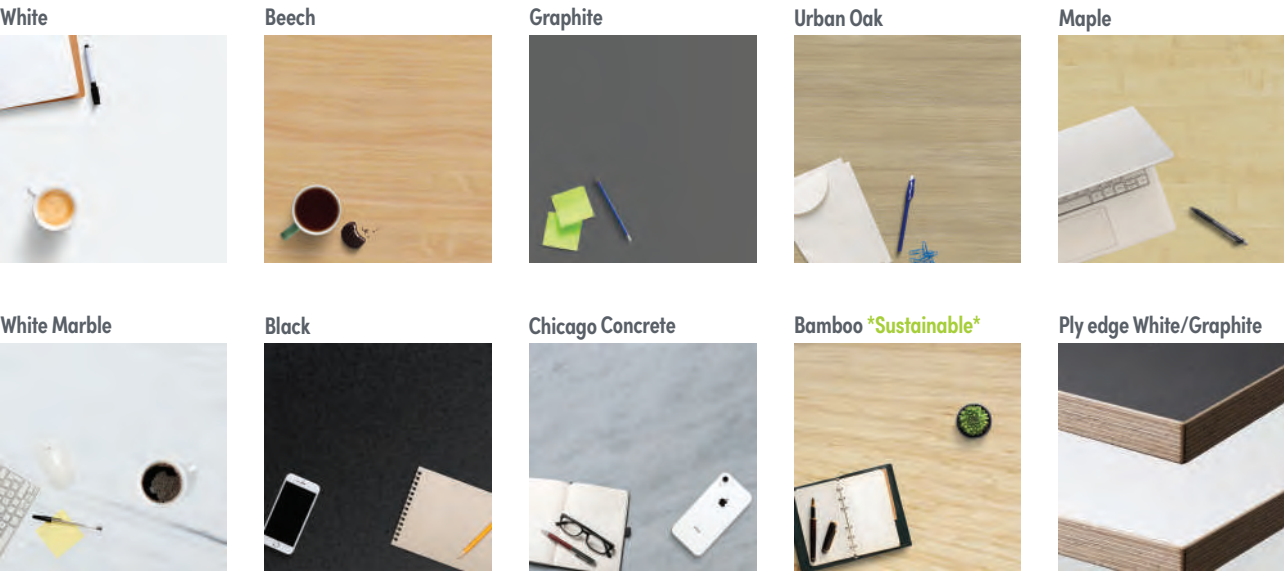
- Compact solution for two desks.
- Improved circulation.
- Reduces fatigue.
- Promotes productivity.
- Reduces stiffness and long term musculoskeletal discomfort.



Leap finishes

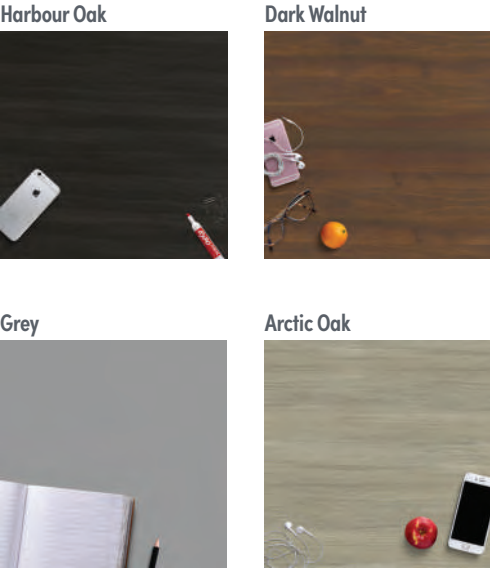
Stocked MFC

18 and 25 mm MFC



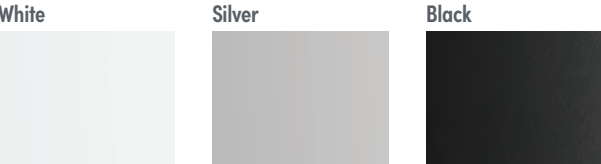
Made to order MFC

18 and 25 mm MFC



Frames

Solvent-free, eco-efficient paint finish



Cable management

For tidy, safe cable management.



Leap technical

certifications

Tested to EN527-1:2011 and EN527-2:2016 including motor durability test .

Complies with EMC Directive.

Complies with Low Voltage Directive.

Complies with RoHS Directive (Reach and PAHs).

WEEE certified

technical specification

Speed	40 mm/s
Lifting Power	Distributed load - 125 kg
Noise	< 50 decibels
Power	220-230 V
Control Box	Control unit 2 ports voltage input 220-240 VAC 50/60 Hz
Consumption	After 10 seconds the display turns off for low consumption <0.1 W
Safety	Six-axis anti-collision software prevents accidents when the user, or an item, comes into contact with the desk.
Displays	LED displays actual desk height.
Handset	Set a minimum and maximum height. Three programmable memory positions. Lock setting. Set sensitivity and retracted height.



Weee Compliancy

Leap products are WEEE certified (Waste Electrical and Electronic Equipment).

WEEE Ireland is a not for profit organisation, committed to delivering cost effective compliance since 2005. WEEE Ireland represents 74% of the electrical and electronic industry who have a Producer responsibility under the WEEE Directive 2012/19/EU to organise and finance the environmental management of their products at their end of life.

Since September 2008, all producers that sell electrical goods must take back the electrical products for free recycling. This is part of a European Directive which came into force in 2008, to encourage recycling across the EU. WEEE Ireland has been the Scheme of choice in Ireland maintaining majority market share across all

sectors and operates under the approval of the Minister for Communications, Climate Action and Environment.

Any electrical goods you purchase from us we will recycle for free at the end of their life cycle. By being WEEE registered we can help make an environmental difference by:

- Reducing the amount of waste going to landfill.
- Save the planet by reducing the effects of the hazardous materials in WEEE.
- Conserve natural resources as materials such as plastics, glass and metals are recovered for use again in the industry.

the most environmentally friendly sit-stand desks available.

Strong, beautiful and sustainable, Bamboo is the go-to material for eco-friendly manufacturing.

If you are conscious of how your material choices affect climate change then, naturally, bamboo tops are a great investment for your business and the planet.



Our bamboo desktop doesn't just make a sustainable statement, it's beautiful too with unique grain striations and stunning edge detailing

Unlike our other sit-stand top options, Bamboo offers both the scallop and portal cable management options. The Bamboo desktop is both aesthetically pleasing and environmentally conscious, and comes with a 10-year guarantee too.

Bamboo tops are available to order on our Leap, Zoom and RoundE height-adjustable desk ranges.





MoveMe desking

MoveMe allows seamless height adjustment, allowing the user to switch from a sitting to standing position in a matter of seconds.

features

- Frame: white or graphite.
- Width: 1200 mm.
- Depth: 700 mm.
- Height-adjustable: 680 to 1125 mm.
- Electric motor.
- Intuitive button control.
- Anti-collision function.
- LED height display.

benefits

- Improved circulation.
- Reduces fatigue.
- Promotes productivity.
- Reduces stiffness and long term musculoskeletal discomfort.





Desk converters

Instantly convert your desk into a standing desk and get the benefits of a sit-stand lifestyle.



benefits

- Creates a height adjustable surface on existing desk.
- Reduces fatigue.
- Promotes productivity.
- Reduces stiffness and long term musculoskeletal discomfort.



Leap electric desk converter

features

- White finish.
- Designed for use by people 1500 – 2000 mm tall.
- Max load capacity 50 kgs.
- Max monitor size 25 inch
- Electric lifting, easy operation.
- Firm base for steady lifting
- Two USB charge ports.
- Spring wire design.
- Mobile phone slot.
- Single or double monitor accessory option.



Xtend desk converter

features

- White or black finish.
- Single or double monitor models.
- Anti-collision protection.
- Firm base to ensure steady lifting.
- Lifting range: 24 – 461 mm.
- Two USB charge interfaces .



active seating.

Including ergonomic solutions helps make employees more comfortable and increases productivity.

Why is ergonomics important?

Ergonomics is important because when you're doing a job and your body is stressed by poor posture, extreme temperature, or unsupported movement, your musculoskeletal system is put under strain. Our collection offers a wide range of ergonomic seating that has been designed to reduce strain on the body and improve worker health.

Posture support

Flexible, free-floating backrests, lumbar support, moulded seats and headrests encourage healthy, supported dynamic movement when working.

Productive and happy

Choosing office chairs that are ergonomically designed and comfortable can have a major impact on employee happiness, as well as productivity.

Size matters

Tailored adjustments give the flexibility to accommodate multiple body types and allows proper set up of the chair for each individual's measurements.

Improved circulation

When sitters vary their position it helps raise their metabolic rate and reduces risk of depression, heart disease, poor blood circulation and back pain.

Less pressure

Ergonomic chairs provide better pelvic support. This helps to reduce hip pressure by providing adjustable seat depth to support the hips and coccyx area.

Designed for choice

With options such as glides, castors, headrests, colours, base styles, and textiles, both form and function work in harmony for a stylish, healthy workplace.

Reduced pain

Using an ergonomic chair reduces back and neck strain because those important pain points are properly supported when upright and reclining.

Cool comfort

Smart textile innovations such as supportive mesh fabrics offer ventilation properties to help keep the user both cool, comfortable and properly supported.

Agile solutions

We also offer a range of height-adjustable ergonomic stools for intermediate height working to complement our sit-stand desking ranges.





AccisPro chair



AccisPro adjusts and promotes dynamic movement, in tune with the user's body.

The AccisPro is designed with an innovative and patented SmartHPS system to adapt to the user's body movements.

features

- Synchro mechanism and sliding and forward tilt seat.
- Multi-dimensional armrest adjustment.
- Height adjustable seat.
- Adjustable tension control.
- Lightweight design.
- 12 fabric groups, 6 mesh colours.
- Light grey or black frame options.
- Choice of hard or soft castors or glides.
- Optional headrest and lumbar support.

benefits

- Adjustable settings for tailored comfort.
- Dynamic movement helps prevent spinal strain and improves circulation.
- Seat and backrest move independently to support and promote different sitting positions.
- Moulded upholstered seat for comfort.
- Ergonomic mesh backrest enables free air circulation and provides excellent support.
- Healthy seating helps improve concentration, reduces absenteeism and improves wellbeing.



Eze active stool



Complete your ergonomic office space with a height-adjustable active learning stool.

The non-slip sturdy base remains flat on the ground during use, and the handle under the seat makes it easy to adjust. Lean against your stool for support and comfort as you stand throughout your workday.

Key Features:

- Dynamic range of movement.
- 360-degree tilt, rotate and pivot.
- Air-lift piston mechanism.
- Quick seat-height adjustment.
- Non-slip weighted base.

benefits

- Allows you to sit, perch, and move as you work.
- The higher seating position from a stool allows the thighs to slope downwards, causing the lower back to be in a neutral position, allowing the spine to achieve its natural curve.
- A stool encourages 'Active Sitting', which helps to strengthen your core and back muscles.



Eze wobble stool



The ergonomic stool creates a dynamic, healthier, and innovative way of sitting.

A built-in gas spring allows you to stand up with little effort. The stool accommodates various heights while reducing fatigue and strain on legs while using a standing desk. With a tip-free base, the wobble stool offers the user a solid yet movable seat, guaranteed to provide you with the most modern and comfortable seat.

Key Features:

- Fabric upholstered seat.
- Relieves sedentary pressure for optimum comfort.
- Air-lift piston mechanism: for quick seat-height adjustment.

benefits

- Active seating encourages posture changes to reduce the negative effects of sedentary behaviour
- Strengthens core muscles
- Improve Posture
- Provides unconscious exercise without the need for regime
- Increases focus and concentration



Leo stool



The Leo Perch Stool takes stool seating to the next level with dynamic movement and adjustments.

Leo has a safe rocking ability – perfect for an active worker and suited for fast-paced workplaces. Leo Stool is height adjustable and is easily adjusted from standard seating to bench height in seconds.

Key Features:

- Adjustable stool height.
- Tilting base.
- Non-slip sturdy base.
- Premium quality materials used for the base, gas lift and seating.

benefits

- Enhanced moulded foam seat enhances comfort & support
- Allows you to sit, perch, and move as you work.
- Strengthen the user's core while encouraging better circulation.



Liv stool



Liv ergonomic wobble stool delivers comfortable yet active sitting in the workplace.

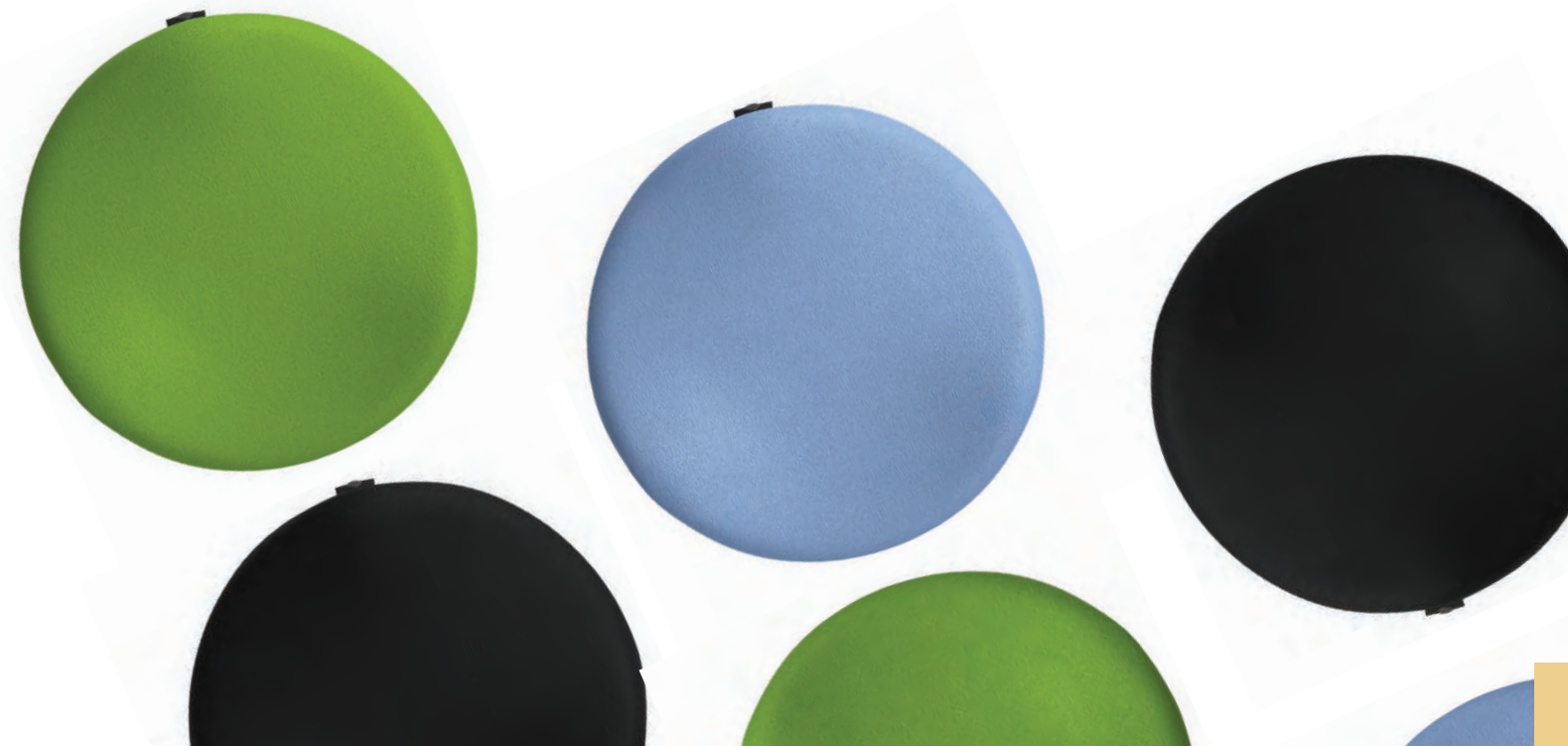
The Liv ergonomic wobble stool ensures that you can keep active while completing your daily tasks. This stool will strengthen your core while encouraging better circulation. It also boasts a sleek and stylish design, which will look great in any office.

Key Features:

- Adjustable stool height.
- Non-slip sturdy base.
- Premium quality materials used for the base, gas lift and seating.

benefits

- Strengthen your core while encouraging better circulation.
- Relieve Lower Back Pain – This leaning stool can hold your lumbar vertebrae in good position, which can relax your neck&shoulder muscle efficiently and relieve lower back pain.
- Improve Blood Circulation – Standing while you work can relieve muscle tension , relax joints and in turn blood circulation will improve.





Monitor arms

Monitor ergonomic arms support your monitors and allow you to move and adjust the height, angle, or position of your monitor.



benefits

- Adjustable height, angle and position.
- Prevents eye strain.
- Reduces neck pain.
- Improves posture.



Leap monitor arms

features

- Sleek and streamlined design
- Compatible with VESA
- Height and Tilt adjustable by 75 degrees up and 45 degrees down
- Swivel of 90 degrees
- Easy installation
- Environmentally friendly design
- Stable mounting to desk

Stealth monitor arms

features

- Easy height adjustment on the vertical pole
- Fully adjustable arm
- 60 degree adjustable plates for the two monitors
- Easy installation and stable placement



FLUFFO
fabryka miękkich ścian



Fluffo panels

Create a beautiful, functional and safe work space.

All Fluffo products have acoustic properties characterised by high sound absorption coefficient. They work perfectly in spaces, which require the improvement of overall interior acoustics: there is a problem with echo, reverberation or noise.

Our experience shows that covering as little as 20 to 40% of walls with Fluffo panels will work wonders within a room with a reverberation problem. The echoes are reduced and the room becomes cosy and quiet

Acoustics

Fluffo products absorb sound effectively, owing to the sound absorbent materials they are produced from. The soundproofing properties of the panels are tested and accredited.

Diversity

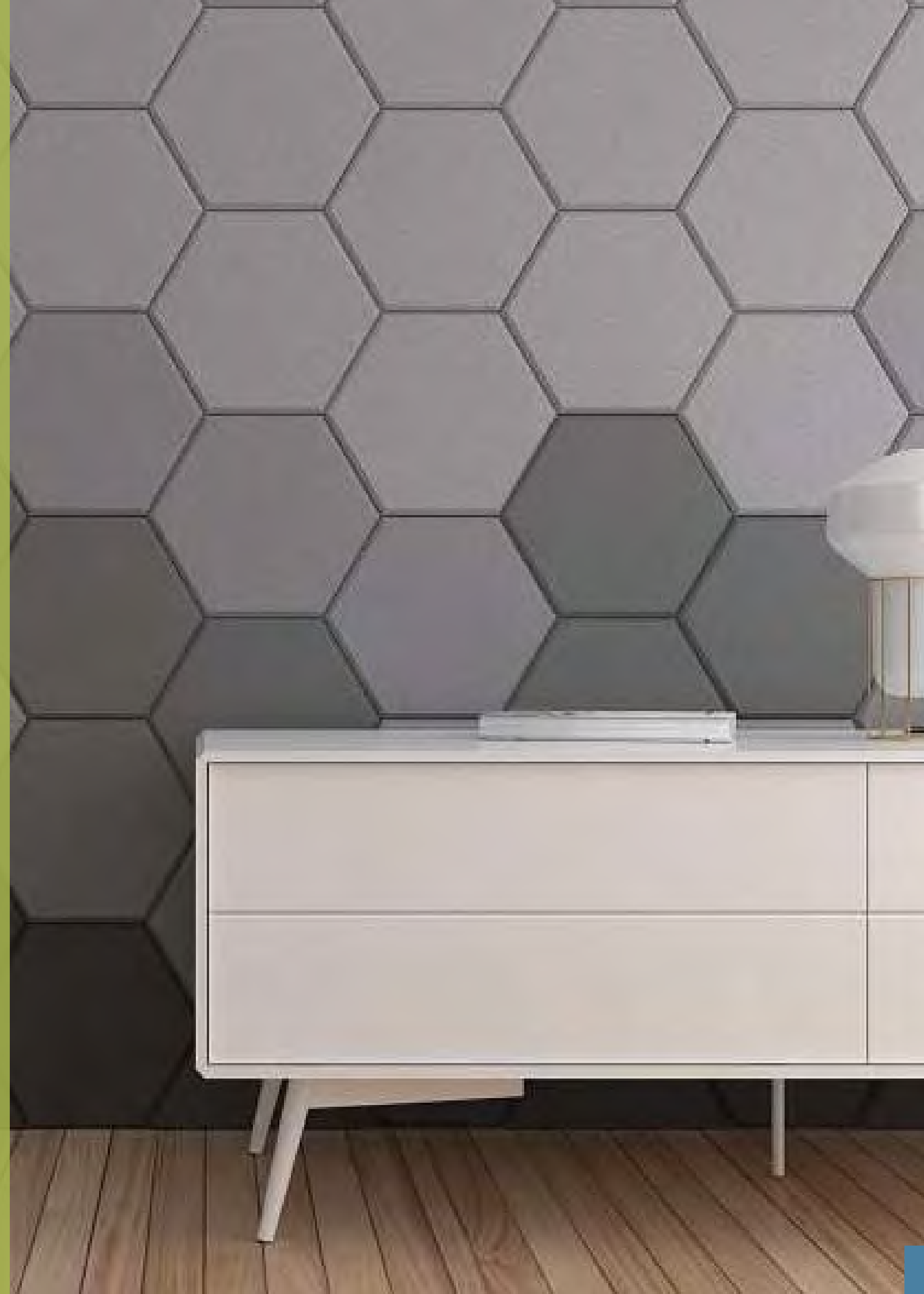
Fluffo panels come in many shapes, sizes and colours. They have both decorative and acoustic applications. The numerous options and colours offered give you the freedom to create any combination.

Comfort

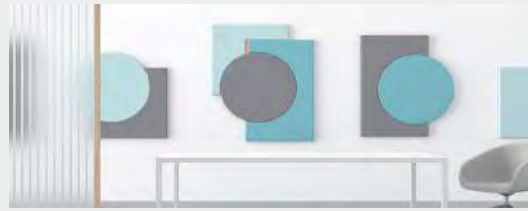
Fluffo is a new concept for creating cosy interiors. All Fluffo products are covered with a velvet soft finish made up of tiny colourful fibres.

Design

Fluffo is a masterpiece of elegant and creative design. Just a few elements will transform the character of your entire office.



Fluffo panels



Fluffo Art

3D artistic art pieces that can add to the decor of any room.



Fluffo 3D Panels

Create your own individual design & colour scheme.



Fluffo Air

Overhead elements.



Fluffo Glass

Glass surface panels



Fluffo Soft Edge Flat Panels

Soft wall panels with flat or curved edges.



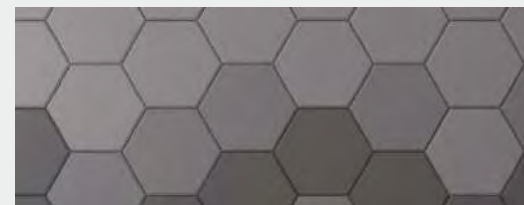
Fluffo Web

suspended, acoustic curtains.



Fluffo Fire Resist

Fire retardant office wall panels.



Fluffo Izo

Sound insulation panels.

